

**“Untroubled”**  
August 19, 2012

John 14:1-4,27

**PROP-** In Jesus, we can experience real freedom from a “troubled” thought life.

1. **SOURCES OF “TROUBLE”:**

a. **Internal “debates**

Luke 24:38- “He said to them, “Why are you troubled, and why do doubts rise in your minds?”

b. **Comments/statements of others**

Acts 15:24- “We have heard that some went out from us without our authorization and disturbed you, troubling your minds by what they said.” [NOTE: Guard yourself when interacting with people who lack accountability & who make themselves look good—at the expense of another’s reputation]

c. **Enemy**

2 Corinthians 11:3- “Deceived by the enemy’s cunning”

John 10:10- “Comes only to rob, kill, and destroy”

Daniel 7:25- “Constantly harass; wear out; wear down the saints”

Revelation 12:10- “Accuser” (*Discrediting what Jesus has said, accomplished on the cross, and transformed us into*)

2. **WE CAN TAKE CHARGE OF OUR THOUGHT LIFE**

- “Fruit of the H.S.” grows in a place of receptivity & responsibility (*We are “God’s field”—not “wilderness”; takes weeding & feeding*)—not automatic...but through the “fellowship (with) the Holy Spirit”
  - We CAN “put off” the “old self” way of thinking—and be “made new in the attitude of (our) minds” (Ephesians 4:22-24)
  - We CAN “set (our) minds on things above” (Colossians 3:2)
  - We CAN “prepare (our) minds for action”—with fresh zeal to take risks and maximize opportunities (1 Peter 1:13)

3. **WE CAN GET TO THE ROOT OF THE THINGS THAT TROUBLE US**

2 Corinthians 10:1-5

“Thoughts” - Perceptions

- Not all your thoughts are yours—you don’t have to hold on to them
- You can “take them captive” and move them to line up with Jesus

**“Speculations”- come to a conclusion w/o solid evidence (usually negative)**

- o Toward others—usually done w/o the “accused” present
- o Toward self—believing the “accuser’s” lies as he blinds you to your true identity in Christ...causing you to assume the worst about yourself
- o Don’t assume that every speculation as a “warning from God” (*Suspicion is a cheap imitation of true discernment*)

**“Lofty things”- attitudes that make the problems (or even the devil himself) appear bigger than God**

- o FEAR creates LOFTY THINGS
- o Isaiah 54:14- “Oppression will be far from you; you will have nothing to fear.”
- o 1 John 4:19- “Fear has to do with punishment”
- o When you know we’ve done wrong☒the “accuser” says:  
*“Punishment will resolve this.”*
  - Judas hung himself
  - Children—not disciplined—punish themselves
  - Recovering addicts stumble—then “self-sabotage”
  - Others deal with personal guilt—by continually enabling abusive relationships

**4. YOU CAN EXPERIENCE ULTIMATE VICTORY OVER EVERYTHING THAT HAS EVER TROUBLED YOU!!!**

**“(You have) divine power to demolish strongholds” (2 Cor. 10:4)**

**Go to the Cross of Jesus—where His mercy triumphs over judgment...and His love casts out fear...and Jesus the Justifier trumps to accuser and His oppression. (*ALL our punishment was laid on Him!*)- Isaiah 53:5**

**Ephesians 3:18-19- You have “power, together with all the saints (*relational*) to grasp (*bring into your experiential realm*) how...”**

**“WIDE”- no one excluded**

**“LONG”- unending; throughout life; in all circumstances--  
uninterrupted**

**“DEEP”- no matter how far you’ve fallen**

**“HIGH”- in the heavenly realms; seating us in our true identity**

**“IS THE LOVE OF CHRIST”!**